

A FOODIE GUIDE

'Nottingham is undergoing a foodie revolution,' BBC *GoodFood's* Tony Naylor reports. From the gothic *Pit and Pendulum* to the airy continental feel of *French Living*, I'd argue the foodie mutiny won out a long time ago, remnants including delicious *DoughNotts* and *Annie's Burger Shack* which citizens of Nottingham have been left to defend. By defend I mean consume. However, all this consuming doesn't come cheap for the city of students, considering *Alchemist's* fabulously boozy Long Island concoction comes in at £8.50 a glass. Yet all is not lost; writer Beth Atkinson has researched and recorded some of the best homemade cocktails, which are just as fabulous and boozy as the *Alchemist's* but a fraction of the price. Not to mention, inspired by some of your favourite classic novels. Whilst the words "drinking" and "students" are often synonymous, there isn't a more iconic duo than "students" and "deadlines". We've all spent hours in the library snacking on vending machine chocolate and hydrating ourselves with the tears of frustration we cry. However, as writer Amalia Smith explains in "The Do's and Don'ts of a Deadline Diet", the vending machine meal plan is not the best to ensue and in fact could be inhibiting our ability to finish that essay. After all, there is no better feeling than clearing your Dropbox, and mind, of looming deadlines.

