

FOOD FROM NOVELS WE WISHED WERE TRUE...

Foods from novels that we wish were real (and what we turn to instead)...

***The Lord of the Rings* – Lembas Bread**

'One bite is enough to fill the stomach of a grown man'

Described as sweet and with the texture of a wafer, one piece can keep you going for days! Very useful on a student budget!

Real world alternative: Porridge

The adverts are correct! Porridge is the breakfast of adventures and a small serving can keep you going till lunch! Whilst not as magical, porridge can be sweetened much like Lembas bread and without the help of elves.

***Harry Potter* – Chocolate Frogs**

I'm not too sure if having to catch your chocolate is a good idea when you need a sugary pick me up, but it would be great fun to give it a go (the exercise would be an excuse to eat more anyway).

Real world alternative: Milk Chocolate Easter Bunny

Although not as exciting as Ron's favourite sweet treat, every year many of us enjoy chomping down on a chocolate bunny for Easter. The lack of magic makes bunnies easier to catch too.

***Charlie and the Chocolate Factory* – Fizzy Lifting Drink**

Come on, who hasn't dreamt of being able to fly! And if they're from Wonka's Chocolate factory they're going to taste good too.

Real world alternative: ...

Unfortunately, after extensive research we have concluded that no such drink exists (we're just as upset as you are). Unless one is brave enough to consume lemonade whilst on a trampoline which, lets face it, could get very messy. It has been known that some people feel weightless when completely and absolutely drunk (you didn't hear it from us) but maybe don't try that out.

***Alice in Wonderland* – 'Eat Me' Cake and 'Drink Me' Potion**

It would be pretty fun to shrink down to the size of a mouse and sneak into places and then when you're bored of being tiny, you can take a bite of 'Eat Me' cake and go back to your normal size.



THE LORD OF THE RINGS



J.R.R. TOLKIEN

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Real world alternative: ...

Much like the Fizzy Lifting Drink debacle, 'Eat Me' cakes and 'Drink Me' potions have no real life alternative. Alas, there will be no mouse-sized shrinking for the foreseeable future. Don't let us stop you from having a go at making your own versions, but unfortunately the magical aspect will likely remain unattainable.

The Magicians Nephew – Toffee Fruit Tree

A magical tree which bears fruit which tastes like toffee! I'd plant a whole orchard full of these!

Real world alternative: Lychee Fruit

Growing on tropical trees native to Guangdong and Fujian, Lychee is a sweet, fleshy fruit that can grow in the shape of hearts! The outside rind looks magical with its pink and red colours and spikes all around (like a dragon's egg). Lychee most definitely deserve a spot in a magical orchard.

Magician's

C. S. LEWIS



In Book